

Initial Treatment With BPAP Worksheet: Adult

Patient Name _____ DOB _____ Age _____

Health Plan _____ Member Number _____

Requesting Physician _____ Sleep Study Provider _____

Directions:

Collect patient information from the requesting physician. Submit online (www.ProviderPortal.com) for an instant response.

Order Type:

- Initial Treatment: BPAP with back-up rate feature (E0471)
- Initial Treatment: BPAP without back-up rate feature (E0470)

Primary Suspected Diagnosis _____

Please provide the AHI or RDI, whichever is higher, from the most recent PSG, HST or pre-split portion of a split night (Displayed for all primary diagnoses – Central Sleep Apnea, Severe COPD and Restrictive Thoracic Disease)

Signs and Symptoms – Non Pediatric (Displayed for all primary diagnoses - Central Sleep Apnea, Severe COPD and Restrictive Thoracic Disease)

- Excessive daytime sleepiness evidenced by:
 - Epworth Sleepiness Scale (ESS) > 10 or,
 - Inappropriate daytime napping (during conversation, driving or eating) or,
 - Sleepiness that interferes with daily activity
- Impaired cognition
- Mood disorder
- Insomnia
- Documented hypertension
- Ischemic heart disease
- History of stroke
- Cardiac arrhythmias
- Pulmonary hypertension

Central Sleep Apnea Condition (Primary Diagnosis – Central Sleep Apnea)

(please select all that apply)

- Diagnosis of CSA is confirmed
- Presence of OSA has been excluded or OSA has been treated
- O₂ saturation 88% or less for at least 5 continuous min while breathing usual FI O₂ OR the patient demonstrates Cheyne Stokes respiration for 5 continuous minutes with oxygen saturation falling to less than 88%
- The prescribed BPAP settings have shown significant improvement in sleep associated hypoventilation while breathing the individual's usual FI O₂

COPD Condition (Primary Diagnosis – Severe COPD)

(please select all that apply)

- PaCO₂ measured by arterial blood gas drawn while the patient is awake and breathing his/her usual FI O₂ is 45 mmHg or greater
- Sleep oximetry demonstrates oxygen saturation of 88% or less for at least five continuous minutes while the patient breathes oxygen at 2 L per minute or his/her usual FI O₂ (whichever is higher)



Initial Treatment With BPAP Worksheet: Adult continued

Restrictive Thoracic Disease (Primary Diagnosis – Restrictive Thoracic Disease)

(please select all that apply)

Established Diagnosis

The patient has an established diagnosis of a progressive neuromuscular disease (e.g. amyotrophic lateral sclerosis {ALS}) OR a severe thoracic cage abnormality

Breathing Condition

PaCO₂ measured by arterial blood gas drawn while the patient is awake and breathing his/her usual FIO₂ is 45 mmHg or greater

Sleep oximetry demonstrates oxygen saturation of 88% or less for at least five continuous minutes while the patient breathes oxygen at 2 L per minute or his/her usual FIO₂ (whichever is higher)

Maximal inspiratory pressure is < 60 cm H₂O or forced vital capacity is less than 50% of predicted (applies to patients with progressive neuromuscular disease only)

